

**Singapore Orthopaedic Association, 37<sup>th</sup> Annual Scientific Meeting  
9 to 11 October 2014, Four Seasons Hotel, Singapore**

**Theme: "Musculoskeletal Challenges in the Baby Boomers: Repair, Reconstruct & Replace"**

**Thursday, 9<sup>th</sup> October**

Time	Ballroom A	Ballroom B
0730 - 1700	REGISTRATION	
0800 - 0945	<p align="center"><b>Opening Ceremony</b></p> <p>0800 <b>Opening Address - Kanwaljit Soin, President, SOA</b></p> <p>0815 <b>SOA Lecture:</b> Asia's Next Transformation: People, Planet, Prosperity <b>Noeleen Heyzer, Under-Secretary-General of the United Nations and Special Adviser of the United Nations Secretary-General for Timor-Leste and former Executive Secretary of ESCAP</b></p> <p>0900 <b>N Balachandran Lecture:</b> Commitment to Excellence: Orthopaedic Professionalism Turning Expectations of Quality into Reality <b>In Ho Choi (Korea)</b></p>	
0945	COFFEE BREAK	
1030 - 1200	<p align="center"><b>Symposium 1 - Management of Common Spinal Conditions in Baby Boomers</b></p> <p align="center">Chairperson: <b>Tan Seang Beng</b></p> <p>1030 Controversies in the management of multi-level cervical myelopathy – <b>Tateru Shiraishi (Japan)</b></p> <p>1050 What is the optimal surgical management in a single level cervical prolapsed disc disease? – <b>Jong-Beom Park (Korea)</b></p> <p>1110 Surgical principle in the management of complex adult spinal deformity - <b>Serena Hu (USA)</b></p> <p>1130 Is there a good non-surgical option in the management of axial spinal pain?– <b>Ted Dreisingner (USA)</b></p> <p>1150 Questions &amp; Answers</p>	<p align="center"><b>Symposium 2 – Shoulder (Tendinopathy)</b></p> <p>1030 The role of non-operative treatment for rotator cuff and biceps tendinopathy – <b>Kelvin Chew (Singapore)</b></p> <p>1045 Platelet rich plasma for rotator cuff tears/tendinopathies: does it make a difference? - <b>Nicola Maffulli (UK)</b></p> <p>1100 The symptomatic biceps in the middle age patient: tenotomy vs tenodesis – <b>Cui Guo-Qing (China)</b></p> <p>1115 Repairing the large and retracted rotator cuff tear tips and tricks – <b>Peter Yau (HK)</b></p> <p>1130 Management of irreparable cuff tears in the active individual - <b>Peter Yau (HK)</b></p> <p>1145 Questions and Answers</p>
1200	<p><b>Lunch Symposium I</b></p> <p><i>Janssen (a division of Johnson &amp; Johnson Pte Ltd)</i></p>	<p><b>Lunch Symposium II</b></p> <p><i>Eli Lilly Singapore</i></p>
1300 - 1400	<b>Free Paper Session 1</b>	<b>Free Paper Session 2</b>
1400 - 1500	<p align="center"><b>Plenary Lecture 1</b></p> <p align="center">Advances in Spine Surgery – For Whose Benefit? <b>S Rajasekeran (India)</b></p> <p align="center">Chairperson: <b>Pesi Chacha</b></p>	
1500	COFFEE BREAK / <b>Poster Session</b>	
1530 - 1700	<p align="center"><b>Symposium 3 – My Worst Spine Complication Experience in Baby Boomers and What I Have Learnt</b></p> <p align="center">Chairperson: <b>Wong Hee Kit</b></p> <p>1530 Posterior cervical spine surgery – <b>Tateru Shiraishi (Japan)</b></p> <p>1550 Anterior cervical spine surgery - <b>Jong-Beom Park (Korea)</b></p> <p>1610 Adult spinal deformity surgery – <b>Serena Hu (USA)</b></p> <p>1630 Lessons from an osteoporotic fracture – <b>S Rajasekeran (India)</b></p> <p>1650 Questions &amp; Answers</p>	<p align="center"><b>Symposium 4 – Shoulder (Arthritis)</b></p> <p>1530 Arthroscopic management of glenohumeral arthritis - <b>Peter Yau (HK)</b></p> <p>1545 Total shoulder arthroplasty: pearls, pitfalls and outcomes - <b>John Sperling (USA)</b></p> <p>1600 Reverse shoulder arthroplasty: pearls, pitfalls and outcomes - <b>John Sperling (USA)</b></p> <p>1615 Arthroplasty options for the active individual with glenohumeral arthritis - <b>Cui Guo-Qing</b></p> <p>1630 The failed shoulder arthroplasty: evaluation and management - <b>John Sperling (USA)</b></p> <p>1645 Questions and Answers</p>
1900 - 2200	<b>President's Dinner (by invitation only)</b>	

**Friday, 10<sup>th</sup> October**

Time	Ballroom A	Ballroom B
0630 -0730	<b>Social Run</b> – Singapore Botanic Gardens	
0800 - 1700	<b>REGISTRATION</b>	
0845 - 0945	<b>Young Orthopaedic Investigator's Award</b>	
0945 – 1030	<b>Donald Gunn Lecture</b> The Long Term Functional Result of Reconstructive Hand Surgery: My Life Time Experience <b>Teoh Lam Chuan (Singapore)</b>	
1030	<b>COFFEE BREAK / Poster Session</b>	
1100 – 1230	<p style="text-align: center;"><b>Symposium 5 – Knee</b></p> <p>1100 High tibial osteotomy for the arthritic knee - <b>Robert Giffin (Canada)</b>            1115 TKR in young: what I will do diff - <b>Pruk Chaikakit (Thailand)</b>            1130 An RCT of web-based vs clinic follow-up - <b>Steve MacDonald (Canada)</b>            1145 ACL deficiency and reconstruction in the older active individual: pearls and pitfalls - <b>Robert Giffin (Canada)</b>            1200 The role of high tibial osteotomy in the unstable knee - <b>Robert Giffin (Canada)</b>            1215 Questions &amp; Answers</p>	<p style="text-align: center;"><b>Symposium 6 – Tendinopathy I</b></p> <p>1100 Update on pathophysiology of tendinopathies - <b>Nicola Maffulli (UK)</b>            1115 Imaging tendinopathies - <b>Kenneth Sheah (Singapore)</b>            1130 Application of physiotherapy in tendinopathies – <b>Bill Vicenzino (Australia)</b>            1145 Evidence for extra corporeal shockwave therapy in tendinopathies - <b>Christoph Schmitz (Germany)</b>            1200 Questions &amp; Answers</p>
1230 – 1330	<b>Lunch Symposium III</b> <i>Takeda Pharmaceuticals (Asia Pacific) Pte Ltd</i>	<b>Lunch Symposium IV</b> <i>Ossur Asia</i>
1330 – 1430	<b>Free Paper Session 3</b>	<b>Free Paper Session 4</b>
1430 – 1530	<b>Plenary Lecture 2</b> The Introduction of New Technology in Total Joint Arthroplasty <b>Steve MacDonald (Canada)</b>	
1530	<b>COFFEE BREAK / Poster Session</b>	
1600 – 1745	<p style="text-align: center;"><b>Symposium 7 – Hip</b></p> <p>1600 Osteotomy around hip in the young – <b>In Ho Choi (Korea)</b>            1615 THR in young: what I will do diff – <b>Rajeev Sharma (India)</b>            1630 Ceramic on ceramic and ceramic on XLPE in young patients - <b>Young-Hoo Kim (Korea)</b>            1645 Dual mobility THR – <b>Steve MacDonald (Canada)</b>            1700 Ultra-short metaphyseal – fitting anatomic cementless stem in young and elderly patients – <b>Young-Hoo Kim (Korea)</b>            1715 Outcomes and management pseudotumour - <b>Steve MacDonald (Canada)</b>            1730 Questions &amp; Answers</p>	<p style="text-align: center;"><b>Symposium 8 - Tendinopathy II</b></p> <p>1600 Injection therapies – What, Why, When How – <b>Patrick Goh (Singapore)</b>            1615 When All Else Fails, the Knife! - <b>Nicola Maffulli (UK)</b>            1630 Panel Case Discussion            • <b>Bill Vicenzino (Australia)</b>            • <b>Nicola Maffulli (UK)</b>            • <b>Christoph Schmitz (Germany)</b>            • <b>Patrick Goh (Singapore)</b></p>
1930 - 2230	<b>SOA Banquet</b> <i>Zimmer Pte Ltd (talk by Ms Angela Main, Vice President of Legal &amp; Compliance function, Asia Pacific)</i>	

**Saturday, 11<sup>th</sup> October**

Time	Ballroom A	Ballroom B
0800 - 1200	REGISTRATION	
0900 – 1100	<p style="text-align: center;"><b>Symposium 9 - Evidence-based Orthopaedics</b> Moderators: <b>Ted Dresinger / Yeo Seng Jin / Wong Merng Koon</b></p> <p>0900 Periprosthetic infection after TKA – <b>Young-Hoo Kim (Korea)</b> 0920 Evidence based approach to treatment of tendinopathies – <b>Christoph Schmitz (Germany)</b> 0940 Evidence based vs patient based medicine - <b>S Rajasekaran (India)</b> 1000 Is fusion surgery effective for the management of adult osteoporosis - <b>Serena Hu USA)</b> 1020 Questions and Answers</p>	
1030 – 1100	COFFEE BREAK	
1100 – 1230	<p style="text-align: center;"><b>Symposium 10</b> <b>Female Orthopaedists Interest Group</b></p>	<p style="text-align: center;"><b>Symposium 11 – Orthopaedic Residents</b> <b>How to Balance Academia and Clinical Duties?</b></p> <p style="text-align: center;">Moderators: <b>S Rajasekaran / Robert Giffin / Ted Dreisingner</b></p> <p>1100 Work life balance – <b>Puah Ken Lee (Singhealth R4)</b> 1115 Balance between academia and clinical duties – <b>Tan Yijia Bryan (NHG R2)</b> 1130 Medicine and ethics – <b>Amritpal Singh (NUHS R2)</b> 1145 Discussion, Questions &amp; Answers</p>
1230 - 1330	Lunch	